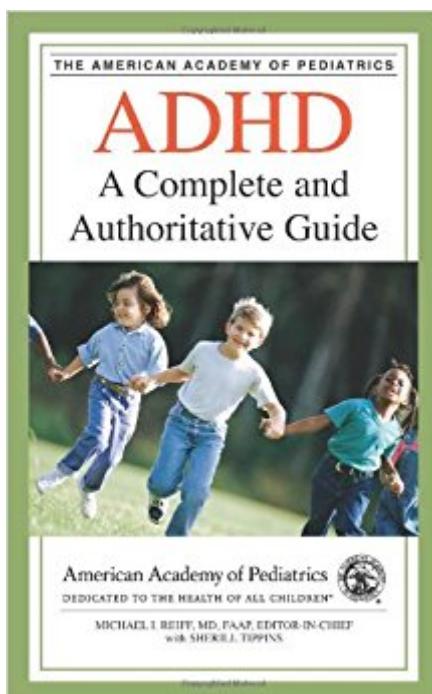


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# ADHD: A Complete And Authoritative Guide (American Academy Of Pediatrics)



## Synopsis

This comprehensive guide to attention deficit/hyperactivity disorder (ADHD) offers parents balanced, reassuring, and authoritative information to help them understand and manage this challenging and often misunderstood condition. Based on the American Academy of Pediatrics' own clinical practice guidelines for ADHD and written in clear, accessible language, this book answers the common questions: How is ADHD diagnosed? What are today's best treatment options? and Will my child outgrow ADHD? Accurate, up-to-date findings on evaluation and diagnosis, coexisting conditions, and unproven treatments are provided. Also addressed are behaviors associated with the teenage years and what schools can do to support children with the condition. ADHD management strategies that balance the roles of behavior therapy, medications, and parenting techniques are suggested.

## Book Information

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## Customer Reviews

With its arsenal of experts, evidence-based research and trusted name, the American Academy of Pediatrics sets out to demystify and untangle the knot of controversy surrounding one of today's hot-button health issues: ADHD (attention deficit hyperactivity disorder). Nothing unnerves parents more than confronting the realization that their child might be diagnosed with ADHD-at least until they face the mountain of potentially disreputable books, articles and Web sites dedicated to the topic and the media hype that has made ADHD a dreaded household word. The concern is not

unfounded: ADHD affects 6% to 9% of the school-age population, a childhood problem second only to asthma. What's more, much of the confusion occurs because behaviors associated with ADHD-inattention, hyperactivity and impulsivity-are exhibited by all children at some time. The AAP's intent for this guide is to provide a single source that reveals the truth about the disorder, diagnosis, treatment and lifelong management of ADHD. While nothing about ADHD is easy, this book is well structured and surprisingly easy to understand (although the writing is rather clinical and devoid of warmth), as it walks parents through the difficult process of defining the disorder and its various subtypes. Parents will appreciate the abundant charts, myth-busting sidebars, case studies, parenting strategies and clarifying message: diagnosing and effectively treating ADHD relies on the dedicated, long-term teamwork among a child's parents, teachers, mental health professionals and physicians. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

"While nothing about ADHD is easy, this book is well-structured and surprisingly easy to understand . . . as it walks parents through the difficult process of defining the disorder and its various subtypes. Parents will appreciate the abundant charts, myth-busting sidebars, case studies, parenting strategies, and clarifying message: diagnosing and effectively treating ADHD relies on the dedicated, long-term teamwork among a child's parents, teachers, mental health professionals, and physicians." © Publishers Weekly on the first edition --This text refers to an alternate Paperback edition.

If your child has recently been diagnosed ADHD this book is a must have! I purchased several other books in hopes of helping my 7 year old daughter adjust to her diagnosis. This is by far the best, non-bias resource I have found to date! Not only does it discuss the options between using medication and not, behavior techniques, and ways to change your own thinking, it also contains helpful information on speaking to your child's teachers. Also included is information on federal laws requiring certain programs available to all children in public and charter schools. For the newly diagnosed, this book is amazing!

In my clinical practice I treat and evaluate children and adults with ADHD. I always recommend this book to parents who have children with attention problems in order for them to get a complete objective overview of the disorder and the treatments that are available. This book explains in simple language the current medical definition of ADHD and why you need a complete evaluation in order

to receive an accurate diagnosis. It contains a thorough discussion of the treatment options available for the parents and child. It encourages parents to become the "case manager" of their child's treatment. In order to understand how and what treatment is best for your child you need to understand what the scientific research has shown works and does not work in treating this disorder. It is then possible to make educated choices for your child. This book is published by the American Academy of Pediatrics and they have done an excellent job in bringing a factual and complete guide for parents to understand ADHD. I recommend it as the first book to read when you are researching this problem.

This book was recommended by a child development specialist and has been so helpful in our family. It explains things in a manner that make it understandable and easy to make a plan in our house.

My son was recently diagnosed with ADHD and his doctor suggested that we get this book to learn about his disorder. It was a slow read, but very informative.

Recommended by our doctor!

Generally fairly straight forward book on ADHD. Good stories and relatable topics. Some of them were right on with what we were experiencing. Gives a good overview.

Provides a lot of good information for parents with a newly diagnosed child. Helpful advice. Provides info on behavior techniques as well as medication which was helpful as we talked to a neurologist about options. Would definitely recommend this book.

Very informative! It gave me the tools I needed to help my son!

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